

# HOW AABR EMPOWERS



AABR.ORG | 718.321.3800

   @aabrnyc

Since AABR's founding over 60 years ago, we have strived to give every life meaning through a series of innovative programs, including:

**Adult Day Program:** Personalized to meet each need and achieve every goal.

- AABR offers varying levels of activities and skills training for each individual.
- Planned, personalized objectives that foster beneficial outcomes.

**Residential Program:** 24/7 in-home care in a supportive, nurturing environment.

- Individuals get to live in a household environment and learn to socialize.
- Unique strategies that prioritize social milestones, personal hygiene habits, daily living skills, and more.

**Pathways to Employment:** On-the-job training to create economic independence.

- A comprehensive program where individuals are taught the necessary and relevant skills for job placement.
- Gives the chance for individuals to work within offices, libraries, stores, or restaurants, and more.

**Family Services:** Connecting families with the resources and care they need.

- Provides a link between individuals with disabilities, their families, and needed services.
- Care Coordinators are always on call 24/7.
- In-home care and respite for families caring for a child or sibling with disabilities.
- AABR staff can serve as an advocate for those who cannot advocate for themselves.

**Saturday Respite/Recreation Program:** Recreational fun for everyone.

- Interactive activities include painting, photography, dance, and cooking.
- Fun trips to museums, athletic events, movies, concerts, the theatre, and more.
- Increases community inclusion through shopping, physical fitness, and exploration.

**New York Child Learning Institute (NYCLI):** A pioneering school for children with autism.

- Utilizes proven methods to produce educational and treatment gains.
- Learners acquire language, social, and academic skills that are often comparable to peers. Some NYCLI students graduate to typical schools.
- Instruction reflects cutting-edge research and teaching methodologies; all presented in intensive one-on-one sessions interspersed with small group activities.

# 1,000

Serves 1,000 individuals with disabilities across New York City and Long Island

# 630

Employs 630 staffers

# 23

Operates 23 residential homes

# 1956

Founded in 1956

