Core Competencies

• Core Competencies are based on.....

• The NADSP Code of Ethics
NADSP Code of Ethics

1) Person-Centered Supports

2) Promoting Physical & Emotional Well Being

3) Integrity and Responsibility

4) Confidentiality

5) Justice, Fairness & Equity

6) Respect

7) Relationships

8) Self-Determination

9) Advocacy
Core Competencies

- **Empowerment Strategies (5)**
  1) Empowers to live a life he/she values (not of staff)
  2) Empowers to have more opportunities for community involvement
  3) Empowers to think and problem solve (helping them to figure out what they want to do)
  4) Empower to learn new skills that increase independence & decrease dependence.
  5) Empowers to increase self-esteem through positive interactions while focusing on their abilities and gifts.
Core Competencies
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• How would you go about supporting someone’s choices?
  (Re: food, beverages, outings, etc.)
Core Competencies

When should you tell someone they can’t have something they want?
Core Competencies
Core Competencies

• How would you teach someone a skill?
Core Competencies
Core Competencies

• What should we find out FIRST BEFORE we try to teach someone a skill?
Core Competencies

Community Inclusion:

• What IS community Inclusion?
• How can we assist people in becoming MEMBERS of the community?
• How can we expose people to a VARIETY of experiences?
Core Competencies